



## MULTI SIZE DOLL NAPPY / DIAPER PATTERN INSTRUCTIONS

### 1. Preview of Completed Outfit

### 2. Tools and Resources Required

- 1) Paper pattern (printed from PDF file downloaded to your computer)
- 2) Fabric Suggestions - fleece, polar fleece, terry toweling, any woven medium weight fabric e.g. cotton, polycotton blend or any combination.

#### Outside Layer

- Small – 10 inches (25cm) x 10 inches (25cm)
- Large – 14 inches (35cm) x 12 inches (30cm)

#### Lining

- Small – 10 inches (25cm) x 10 inches (25cm)
- Large – 14 inches (35cm) x 12 inches (30cm)

### 3) Velcro Strip

- Small – Loop 4 ¼" x ¾" wide (11cm x 2cm), Hook 2" x ¾" wide (5cm x 2cm)
- Large – Loop 4 ¼" x 1" wide (11cm x 2.5cm), Hook 2" x 1" wide (5cm x 2.5cm)

### 4) Matching thread

### 5) Paper scissors

### 6) Glue

### 7) Fabric scissors/Rotary Blade

### 8) Clippers/snips

### 9) Pins

### 10) Point turner or chop stick

### 11) Ruler, tape measure





### **3. Preparing Paper Pattern**

- 1) Check the 'Tip' measurement to ensure the pattern is printed correctly.
- 2) Cut along the long straight side of both parts of the pattern piece where you will be joining the pattern.
- 3) Glue pattern piece #1 part 1 and part 2 together.
- 4) Cut out pattern piece following the solid line of either the small or the large nappy.

### **4. Cutting Out Fabric**

- 1) First prepare your Velcro strip. The loop side will be 4 ¼" (11cm) and the hook side we need to cut our 2" (5cm) strip in half so we have two tabs 1" long. Press the two tabs together and cut a small piece on an angle from the corner (see video).
- 2) Place the lining and outside pieces of fabric on top of each other with right sides together. If you are using fabric with stretch, please ensure the stretch is across the nappy/diaper by following the 'maximum stretch' arrows on the pattern pieces. If you are using a woven fabric, please have the 'grain line' going from top to bottom of the nappy/diaper when place the pattern pieces onto the fabric.
- 3) Pin pattern pieces in place and cut around with scissors or rotary blade.
- 4) Remove pins.

### **5. Sew Outside and Lining Together**

- 1) Pin the outside layer and lining together making sure that if you are using stretch fabric for either side, that you place the stretch fabric on the bottom so that the feed dogs can help feed the fabric through with minimum stretch.
- 2) With a straight stitch start sewing a ¼ inch (6mm) seam about 1 ¼" (3cm) down from the top right-hand side of the nappy/diaper securing beginning with reverse stitches. Continue all the way around and finish at the top right-hand corner of the nappy/diaper with reverse stitches. This will leave an opening so that you can turn the nappy/diaper to the right side.



## 6. Turn to Right Side

- 1) Trim excess fabric from corners, clip seam allowance on concave (inward) curves at the crotch area and cut notches away from convex (outward) curves. Alternatively use pinking shears to trim the excess seam allowance of the curved seams.
- 2) Turn to the right side using your thumb to get the opposite corner through the gap you have left in the seam. Then take a point turner or wooden chopstick to push the corners out. Press.
- 3) Turn raw edge of the opening into the wrong side  $\frac{1}{4}$ " (6mm) and pin.

## 7. Attach Velcro

- 1) Using a straight stitch, sew opening closed stitching as close to the edge of the fabric as possible securing beginning and end with reverse stitches.
- 2) Place the nappy in front of you with the right side of the fabric facing up and the smaller straight edge towards the top. Take the loop side of the Velcro and place it approximately  $\frac{3}{8}$ " (1cm) down from the top and equal distance from both sides. For the larger nappy/diaper you can place it a little further down i.e.  $\frac{1}{2}$ " (12mm). Using a straight stitch sew about  $\frac{1}{8}$ " (2mm) in from the edges securing beginning and end with reverse stitches.
- 3) Turn your nappy over so you have the wrong side of the fabric facing up and the longest straight edge towards the top. Take the first hook tab and place it with the part you trimmed against the curve of the nappy/diaper and the same distance from the top that you attached the loop side of the Velcro. Using a straight stitch sew about  $\frac{1}{8}$ " (2mm) in from the edges securing beginning and end with reverse stitches.
- 4) Repeat with the second tab on the other side.

## 8. Congratulations YOU did it!

Celebrate! YOU made another great outfit. Well done!