



18 INCH AND AMERICAN GIRL BALLET TUTU

Make Your Outfit Instructions

1. Preview of Completed Outfit

Play this video and check out this great outfit that YOU will make!

2. Tools and Resources Required

- 1) Paper pattern (printed from PDF file downloaded to your computer)
- 2) Tulle (netting) 10 inches (25cm)
- 3) Fabric – 7 inch (17.5cm) square of two way stretch Lycra, spandex
- 4) Matching thread
- 5) 10 inches (25cm) ¼” (6mm) elastic
- 6) Decorative sequins and beads
- 7) Paper scissors
- 8) Fabric scissors or Rotary Blade & Cutting Mat
- 9) Clippers/snips
- 10) Tape measure or ruler
- 11) Pins and needle
- 12) Safety pin or loop turner for threading elastic



3. Preparing Paper Pattern

- 1) Check the 'Tip' measurement is correct.
- 2) Cut out pattern piece following the solid line.



4. Cutting Out Fabric

- 1) Cut one piece of Nylon Tulle 36" x 5" (90cm x 12.5cm)
- 2) Cut one piece of Nylon Tulle 36" x 4 ½" (90cm x 11cm)
- 3) Fold Lycra in half and place the 'place on fold' arrows on the fold of the fabric.
- 2) Pin pattern piece in place and cut around the paper pattern with fabric scissors or rotary cutter.
- 3) Remove pins.

5) Sew Casing

- 1) Place the widest strip of tulle on the table and place the narrower strip on top, making sure it is in the middle with even amounts of bottom tulle showing on each side.
- 2) Fold the two pieces of tulle in half so that you end up with four layers of tulle about 2 ½" (6cm) wide. Pin along the folded edge making sure that the two pieces of tulle are together at the fold as this will form the casing.
- 3) Sew a row of straight stitch about 3/8" (1cm) in from the fold securing beginning and end with reverse stitches.

6) Thread Elastic Through Casing

- 1) Mark your ¼" (6mm) elastic at 10" (25cm).
- 2) Using either a safety pin or Loop Turner thread the elastic through the casing. Remove the safety pin or Loop Turner and secure the end of elastic to the tutu with a pin. Find the mark on the elastic and pull beyond the tutu a little and place a pin, cut elastic at this mark.
- 3) Overlap the two ends of the elastic approximately ¾" (2cm) and pin together.
- 4) Using a zigzag stitch sew along the overlap of the elastic securing beginning and end with reverse stitches.
- 5) Ease elastic back into the casing.
- 6) Even out gathers around the elastic.



7) Attach Decoration to Tulle

- 1) Fold tutu in half at centre back (where ends of tulle join) and place a pin at the fold, this will mark the centre front of the tutu.
- 2) Place the Lycra decoration on top of the tutu with the right side facing up and the inside edge matching with the inside edge of the casing on the tutu.
- 3) Match the centre back of the tutu with one of the narrow parts of the decoration i.e. the dip between the 'petals'. Pin in place. Match the centre front of the tutu with the opposite dip between the 'petals'. Pin in place. Place a pin in each of the remaining 'dips' around the decoration. This is where you will be attaching your sequins.
- 4) Place a sequin on top of the Lycra decoration at the first 'dip'. Using a needle with double thread come from underneath the tutu and push the needle up and through the centre of the sequin leaving about 4" (10cm) of thread on the underside. Thread a small bead onto the needle and then push the needle back through the hole in the sequin toward the underside of the tutu. Push the needle back up through the centre of the sequin and bead and then back through the centre of the bead. Repeat one more time. Secure threads at the underside of the tutu with a knot and cut threads.
- 5) Repeat step 4) at each of the other 'dips'.

8) Congratulations You Did It! YOU made a gorgeous tutu. Well done!