



18 INCH AND AMERICAN GIRL BALLET SKIRT

Make Your Outfit Instructions

1. Preview of Completed Outfit

Play this video and check out this great outfit that YOU will make!

2. Tools and Resources Required

- 1) Paper pattern (printed from PDF file downloaded to your computer)
- 2) Fabric – 12 inches (30cm) X 14 inches (35cm) two way stretch Lycra, spandex
- 3) Matching thread
- 4) Velcro strip 1 inch (2.5cm) x ½ inch (1.2cm)
- 5) Paper scissors
- 6) Fabric scissors or Rotary Blade & Cutting Mat
- 7) Clippers/snips
- 8) Tape measure or ruler
- 9) Pins



3. Preparing Paper Pattern

- 1) Check the 'Tip' measurement is correct.
- 2) Cut out pattern pieces following the solid line.

4. Cutting Out Fabric

- 1) Fold fabric over so you have two layers and place pattern piece #1 (skirt) onto the fabric making sure to have the edge with the 'place on fold' arrow along the fold. The opposite edge will be slightly away from the fold so that you have a slit at the back of the skirt. Make sure that you have enough fabric below the skirt to cut pattern piece #2 from a single layer of fabric.



- 2) Pin pattern piece in place and cut around the paper pattern with fabric scissors or rotary cutter.
- 3) Remove pins.
- 4) With the remaining fabric in a single layer, place pattern piece #2 (waist band) onto the fabric near the straight edge making sure to have the maximum stretch in the same direction as the arrows on the pattern piece.
- 5) Pin pattern piece in place and cut around the paper pattern with fabric scissors or rotary cutter.
- 6) Remove pins.

NB. If you are using a fabric that frays, add an additional ¼” (6mm) to hem and back slit. Hem using rolled hem of serger or finish raw edges with zigzag stitch and fold up ¼” (6mm) hem then stitch.

5) Attach Waistband

- 1) Mark skirt waist in quarters by folding in half, matching the centre back pieces to find the centre front. Place a pin or mark with a pen at the fold then fold one centre back of skirt to meet the centre front and place a pin or mark with a pen at the fold. Repeat with the second centre back.
- 2) Take the waistband and mark a point ¾” (1.5cm) from one end with a pin or pen, this will be the overlap with Velcro attached. Now mark the waistband in quarters from this point to the end. i.e. Fold the other end of the waistband in to meet this point and place a pin or mark with a pen at the fold, this will be the centre front of the skirt. Fold the overlap end of the waist band over till the pin meets the centre front and place another pin or mark with a pen at the fold. Fold the other end of the waistband to meet the centre front and again mark the fold with a pin or pen.
- 3) With the right sides of the fabric together place the skirt on top of the waistband, matching the end of the waistband with the centre back of the skirt (end of the skirt). With raw edges even, secure with a pin. Match each quarter mark on the waistband with each quarter mark of the skirt waist and secure with a pin. Match the end of the skirt with the final mark on the waistband (¾” or 1.5cm in from the end) and secure with a pin. The fabric will not be sitting even between the pins as there is more fabric in the skirt.



- 4) Using a zigzag stitch of about 2 wide and 2 in length, sew a ¼" seam (6mm) along waistband securing beginning with reverse stitches. Then with the needle down in the fabric stretch the waistband gently until it is even with the skirt and continue sewing until you get to the end of the skirt, secure again with some reverse stitches.
- 5) With the right side of the fabric facing up fold the waistband back over the seam allowance and down into the skirt on the wrong side. Secure with pins on the right side of the waistband starting at the overlap. The raw edge of the waistband will be about ¼" (6mm) below the seam where the waistband joins the skirt.
- 6) On the right side of the skirt, top stitch a row of straight stitch along the bottom edge of the waistband starting at the overlap section. Secure beginning and end with reverse stitches.

NB. If using fabric that frays you will need to overcast the raw edge of the waistband before top stitching in step 6)

1) Attach Velcro

- 1) Place the hook side of the Velcro on top of the overlap section of the waistband.
- 2) Using a straight stitch sew around the Velcro just inside the raw edges. Secure beginning and end with reverse stitches.
- 3) Place the loop side of the Velcro on the wrong side of the waistband at the other end of the skirt.
- 4) Using a straight stitch sew around the Velcro just inside the raw edges. Secure beginning and end with reverse stitches.

2) Congratulations You Did It! YOU made another great outfit. Well done!