



## **18 ½ INCH CABBAGE PATCH KIDS SPORT SHORTS**

### **Make Your Outfit Instructions**

#### **Preview of Completed Outfit**

Play this video and check out this great outfit that YOU will make!



#### **1. Tools and Resources Required**

- 1) Paper pattern (printed from PDF file downloaded to your computer)
- 2) Fabric - 7 inches (20cm) cotton, cotton blend, synthetic, anything suitable for shorts
- 3) Elastic ¼ x 11 inch (6 mm x 28 cm)
- 4) Matching thread
- 5) Paper scissors
- 6) Fabric scissors
- 7) Clippers/snips
- 8) Pins
- 9) Safety pin or bodkin
- 10) Ruler

#### **2. Preparing Paper Pattern**

- 1) Check the measurement across the hem is correct according to the tip
- 2) Cut out pattern pieces following the solid line.



### **3. Cut Out Shorts**

- 1) Fold fabric in half and place paper pattern onto the fabric with the grain line on the pattern running parallel to the selvedge of the fabric.
- 2) Pin pattern in place and cut around with scissors or cutting blade.

### **4. Turn Up Hem**

- 1) Turn up 1/2 inch (12mm) on the hem of each leg, pin and press.
- 2) Turn raw edge of hem down into the fold made when pressing. Pin.

### **5. Sewing Hem**

- 1) Stitch hem with straight stitch close to the top (left) fold .

### **6. Front Seam**

- 1) Match centre front of both legs together with right sides together.
- 2) Stitch ¼ inch (6mm) seam with straight stitch.
- 3) Overcast raw edges with zigzag stitch.

### **7. Make Top Casing**

- 1) Fold down top of shorts 5/8 inch (16mm), pin and press.
- 2) Turn raw edge under approx 1/8 inch (3mm), pin and press.
- 3) Stitch row of straight stitch close to left fold of casing.

### **8. Thread Elastic Through Casing**

- 1) Use a safety pin, bodkin or looper to thread elastic through the casing.
- 2) Pin elastic at each end of the casing and secure with a row of stitching.



## **9. Back Seam**

- 1) Match centre back of each leg together with right sides of the fabric together. Pin.
- 2) Stitch centre back seam with a straight stitch.
- 3) Overcast raw edges with a zigzag stitch.

## **10. Inseam**

- 1) Match centre back seam with the centre front seam and pin both hems and crotch.
- 2) Sew straight stitch from hem of one leg up to the crotch and then down to the hem of the second leg.
- 3) Overcast raw edges with a zigzag stitch.

## **11. Congratulations YOU did it!**

Celebrate! YOU made another great outfit. Well done!