



18 INCH AND AMERICAN GIRL SPORT SHORT

Make Your Outfit Instructions

Preview of Completed Outfit

Play this video and check out this great outfit that YOU will make!



1. Tools and Resources Required

- 1) Paper pattern (printed from PDF file downloaded to your computer)
- 2) Fabric - 7 inches (20cm) cotton, cotton blend, synthetic, anything suitable for shorts
- 3) Elastic $\frac{1}{4}$ x 11 inch (6 mm x 28 cm)
- 4) Matching thread
- 5) Paper scissors
- 6) Fabric scissors
- 7) Clippers/snips
- 8) Pins
- 9) Safety pin or bodkin
- 10) Ruler

2. Preparing Paper Pattern

- 1) Check the measurement across the hem is correct according to the tip
- 2) Cut out pattern pieces following the solid line.

3. Cut Out Shorts

- 1) Fold fabric in half and place paper pattern onto the fabric with the grain line on the pattern running parallel to the selvedge of the fabric.
- 2) Pin pattern in place and cut around with scissors or cutting blade.



4. Turn Up Hem

- 1) Turn up 1/2 inch (12mm) on the hem of each leg, pin and press.
- 2) Turn raw edge of hem down into the fold made when pressing. Pin.

5. Sewing Hem

- 1) Stitch hem with straight stitch close to the top (left) fold .

6. Front Seam

- 1) Match centre front of both legs together with right sides together.
- 2) Stitch ¼ inch (6mm) seam with straight stitch.
- 3) Overcast raw edges with zigzag stitch.

7. Make Top Casing

- 1) Fold down top of shorts 5/8 inch (16mm), pin and press.
- 2) Turn raw edge under approx 1/8 inch (3mm), pin and press.
- 3) Stitch row of straight stitch close to left fold of casing.

8. Thread Elastic Through Casing

- 1) Use a safety pin, bodkin or looper to thread elastic through the casing.
- 2) Pin elastic at each end of the casing and secure with a row of stitching.

9. Back Seam

- 1) Match centre back of each leg together with right sides of the fabric together. Pin.
- 2) Stitch centre back seam with a straight stitch.
- 3) Overcast raw edges with a zigzag stitch.



10. Inseam

- 1) Match centre back seam with the centre front seam and pin both hems and crotch.
- 2) Sew straight stitch from hem of one leg up to the crotch and then down to the hem of the second leg.
- 3) Overcast raw edges with a zigzag stitch.

11. Congratulations YOU did it!

Celebrate! YOU made another great outfit. Well done!