



18 INCH AND AMERICAN GIRL WINTER PYJAMA TOP

Make Your Outfit Instructions

1. Preview of Completed Outfit

Play this video and check out this great outfit that YOU will make!



2. Tools and Resources Required

- 1) Paper pattern (printed from PDF file downloaded to your computer)
- 2) Fabric – 10 inches (25cm) cotton, cotton blend, flannelette or satin
- 3) Velcro strip 3 1/2 inches x 1/2 inch (90mm x 12mm)
- 4) 3 small buttons (optional)
- 5) Matching thread
- 6) Paper scissors
- 7) Fabric scissors
- 8) Clippers/snips
- 9) Pins
- 10) Ruler

3. Preparing Paper Pattern

- 1) Check the 'Tip' measurement is correct.
- 2) Cut out pattern pieces following the solid line.



4. Cutting Out Fabric

- 1) Fold fabric in half lengthwise and place paper pattern onto the fabric with the grain line of the pattern running parallel to the selvedge of the fabric.
- 2) Pin pattern in place and cut around with scissors or cutting blade.

5. Sew Shoulder Seams and Overcast Front Facing

- 1) With right sides together match the shoulder seam of the first front piece to the shoulder seam of the back, making sure to also match the armholes. Pin shoulder seam. **Do not** pin or stitch the shoulder of the front facing.
- 2) Repeat with the second front piece.
- 3) Using a straight stitch sew $\frac{1}{4}$ inch (6mm) seam allowance along the two shoulder seams securing the beginning and end with reverse stitches.
- 4) Overcast raw edges with a zigzag stitch.
- 5) Finish off the raw edges of both front facings i.e. across the shoulder that is not attached to the back and down the curved edge by turning the raw edge to the wrong side no more than $\frac{1}{4}$ inch (6mm). Pin and stitch in place with straight stitch.

6. Prepare Collar

- 1) With right sides of the fabric together, match raw edges and pin the two short ends and the longer of the two long sides.
- 2) Stitch $\frac{1}{4}$ inch (6mm) seam with a straight stitch along the three sides you have pinned.
- 3) Trim excess fabric from corners and turn to right side. Press.

7. Attach Collar

- 1) Find the centre of the collar by folding the collar in half matching the two short ends, place a pin at the fold.
- 2) Find the centre of the neckline by folding the back of the Pyjama Top in half, matching shoulder seams and mark the fold with a pin.



- 3) With right sides together and raw edges even, match the centre of the neckline with the centre of the prepared collar. Pin. Matching the raw edges of the neckline and collar, pin again at the shoulder seam on both sides.
- 4) With right sides of fabric together, fold the front facing over on top of the collar matching the raw edges of the neckline with the raw edges of the collar and matching the finished edge of the shoulder facing with the shoulder seam. Pin at neckline. **Note:** The collar will be between the neckline of the top front and the neckline of the facing and there will be just over ¼ inch (10mm) from the end of the collar and the fold of the front facing.
- 5) Repeat on other side of collar.
- 6) Using a straight stitch, sew ¼ inch (6mm) seam allowance around the neckline, securing the beginning and end with reverse stitches.
- 7) Overcast raw edges with a zigzag stitch.
- 8) Turn facing to right side.
- 9) Between shoulder seams topstitch neckline seam allowance down towards the shirt back using a straight stitch. **Note:** Shoulder facings will still be loose.

8. Hem Sleeve and Sew Gathering Thread

- 1) Turn up 1/2 inch (12mm) on the hem of each sleeve to the wrong side of the fabric, pin and press.
- 2) Turn raw edge of hem down into the fold made when pressing. Pin.
- 3) Stitch hem with straight stitch close to the top (second) fold.
- 4) Sew a row of gathering stitch along the curved edge (top) of each sleeve just inside ¼ inch (6mm) from the raw edge starting and finishing 1 inch (2.5cm) in from each end.
- 5) Sew a second row of gathering stitch along the curved edge of each sleeve just more than ¼ inch (6mm) from the raw edge starting and finishing 1 inch (2.5cm) in from each end.

9. Attach Sleeve

- 1) Find the centre of each armhole by matching up the raw edges of the side seams and where the fold is formed at the top of the armhole place a pin.



- 2) Find the centre top of each sleeve by folding each sleeve in half matching the raw edges of the underarm seam and where the fold is formed at the top of the sleeve place a pin.
- 3) With right sides together and raw edges even, match the pin marking the centre of the top of the first sleeve with the pin marking the centre of the first armhole. Pin together and remove original marking pins.
- 4) Match one end of the sleeve with one end of the armhole making sure raw edges are even. Pin. Match the other end of the sleeve with the other end of the armhole making sure raw edges are even. Pin. Pull gathering threads to gather sleeve in until same length as armhole, match raw edges and pin.
- 5) Using a straight stitch sew $\frac{1}{4}$ inch (6mm) seam allowance securing beginning and end with reverse stitches. Remove gathering threads.
- 6) Repeat steps 3) to 5) with the second sleeve.
- 7) Overcast raw edges on both sleeves with a zigzag stitch.

10. Sew Side Seams

- 1) With right sides of fabric together, match the seams under the first armhole, pushing one seam allowance one way and the other seam allowance the other way. Pin.
- 2) Making sure the hem of the sleeve is even, match the raw edges of the sleeve and pin.
- 3) Match the raw edges of the side seam and pin.
- 4) Using a straight stitch, sew $\frac{1}{4}$ inch (6mm) seam allowance from the hem of the sleeve down to the hem of the pyjama shirt securing the beginning and end with reverse stitches.
- 5) Repeat steps 1) to 4) on the other side.
- 6) Overcast raw edges with a zigzag stitch.

11. Hem Pyjama Top

- 1) With the shirt still inside out, pin the facing to the shirt at the hem line (the right side of the fabric should be together). Using a straight stitch, sew facing to shirt $\frac{1}{2}$ inch (12mm) up from the raw edge of the hem, securing beginning and end with reverse stitches. Repeat on other side.



- 2) Turn the shirt to the right side.
- 3) Turn up 1/2 inch (12mm) on the hem to the wrong side of the fabric, pin and press.
- 4) Turn raw edge of hem down into the fold made when pressing. Pin. **Note:** You will also need to take this fold just beyond the facing.
- 5) Stitch hem with straight stitch close to the top (second) fold making sure to catch the first part of each facing in this stitching. Secure beginning and end of sewing with reverse stitches.

12. Attach Velcro

- 1) Before attaching Velcro, secure the top of the front facing to the seam allowance of the sleeve with some forward and reverse stitches. The top of the facing should be in line with the shoulder seam.
- 2) Looking at the front of the shirt, place the hook side of the Velcro strip onto the right side of the shirt close to the centre fold and 1 inch (2.5cm) down from the top. Stitch in place by sewing 1/8 inch (3mm) in all around the edge of the Velcro using a straight stitch.
- 3) Place the loop side of the Velcro strip onto the wrong side (under side) of the other shirt front, close to the centre fold and 1 inch (2.5cm) down from the top. Stitch in place by sewing 1/8 inch (3mm) in all around the edge of the Velcro using a straight stitch.

13. Attach Decorative Buttons (Optional)

- 1) Looking at the front of the shirt, the left side should be on top. This is where you will attach your decorative buttons.
- 2) Sew one button where the stitching goes across the top of the Velcro strip and one button where the stitching goes across the bottom of the Velcro strip.
- 3) To find where to place the centre button, simply fold the Velcro strip in half so that the top and bottom buttons are even and mark at the fold. Sew third button at this mark making sure that it is placed the same distance in from the centre front fold.

14. Congratulations YOU did it!

Celebrate! YOU made another great outfit. Well done!