



18 INCH AND AMERICAN GIRL WINTER PYJAMA PANTS

Make Your Outfit Instructions

1. Preview of Completed Outfit

Play this video and check out this great outfit that YOU will make!

2. Tools and Resources Required

- 1) Paper pattern (printed from PDF file downloaded to your computer)
- 2) Fabric - 12 inches (30cm) cotton, cotton blend, flannelette or satin
- 3) Elastic $\frac{1}{4}$ x 11 inch (6 mm x 28 cm)
- 4) Matching thread
- 5) Paper scissors
- 6) Glue
- 7) Fabric scissors
- 8) Clippers/snips
- 9) Pins
- 10) Safety pin or bodkin
- 11) Ruler

3. Preparing Paper Pattern

- 1) Check the 'Tip' measurement is correct.
- 2) Cut out pattern pieces following the solid line.
- 3) Glue pattern piece #1 part 1 on top of pattern piece #1 part 2 matching solid line to dashed line and placing glue in the overlap section.





4. Cutting Out Fabric

- 1) Fold fabric in half lengthwise and place paper pattern onto the fabric with the grain line of the pattern running parallel to the selvedge of the fabric.
- 2) Pin pattern in place and cut around with scissors or cutting blade.

5. Sewing Hem

- 1) Turn up 1/2 inch (12mm) on the hem of each leg to the wrong side of the fabric, pin and press.
- 2) Turn raw edge of hem down into the fold made when pressing. Pin.
- 3) Stitch hem with straight stitch close to the top (left) fold .

6. Sew Front Seam

- 1) With right sides of the fabric together, match raw edges of the centre front of both legs. Pin.
- 2) Stitch ¼ inch (6mm) seam with a straight stitch.
- 3) Overcast raw edges with zigzag stitch.

7. Sew Casing

- 1) Fold down the raw edge of the top of pants 3/4 inch (20mm) towards the wrong side of the fabric, pin and press.
- 2) Turn raw edge under towards the fold approx 1/4 inch (6mm), pin and press.
- 3) Sew a row of straight stitch close to the bottom (second) fold of the casing. This will leave enough room for you to thread your elastic.



8. Thread Elastic Through Casing

- 1) Use a safety pin, bodkin or looper to thread elastic through the casing.
- 2) Pin elastic at each end of the casing and secure with a row of stitching.

9. Sew Back Seam

- 1) With right sides of fabric together, match raw edges of the centre back of both legs together, making sure that the top of the pants is even. Pin.
- 2) Stitch centre back seam with a straight stitch.
- 3) Overcast raw edges with a zigzag stitch.

10. Sew Inseam

- 1) With right sides of fabric together, match centre back seam with the centre front seam, this will separate the two legs of the pants. Note which way the seam allowance of the centre front is facing.
- 2) At the crotch, match the front seam to the back seam pushing the back seam allowance in the opposite direction to the seam allowance of the centre front. Pin.
- 3) With the hem even, match the raw edges of the inseam on one leg and pin. Repeat with the other leg.
- 4) Sew straight stitch from hem of one leg up to the crotch and then down to the hem of the second leg.
- 5) Overcast raw edges with a zigzag stitch.
- 6) Turn pants to the right side.

11. Congratulations YOU did it!

Celebrate! YOU made another great outfit. Well done!