



18 INCH AND AMERICAN GIRL TIGHTS

Make Your Outfit Instructions

1. Preview of Completed Outfit

Play this video and check out this great outfit that YOU will make!



2. Tools and Resources Required

- 1) Paper pattern (printed from PDF file downloaded to your computer)
- 2) Fabric - 11 inches (28cm) cotton Lycra/spandex, nylon Lycra/spandex, any knit fabric with blend of elastane or spandex.
- 3) Elastic $\frac{1}{4}$ x 11 inch (6 mm x 28 cm)
- 4) Matching thread
- 5) Paper scissors
- 6) Glue
- 7) Fabric scissors
- 8) Clippers/snips
- 9) Pins
- 10) Safety pin or bodkin
- 11) Ruler

3. Preparing Paper Pattern

- 1) Check the 'Tip' measurement is correct.
- 2) Cut out pattern pieces following the solid line.
- 3) Glue pattern piece #1 part 1 on top of pattern piece #1 part 2 matching solid line to dashed line and placing glue in the overlap section.



4. Cutting Out Fabric

- 1) Fold fabric in half along the long side, matching short sides together. Place pattern piece #1 – Tights, onto the fabric taking note that the maximum stretch is going across the pants in the direction of the arrow on the pattern. Pin in place.
- 2) Cut around the paper pattern with fabric scissors or rotary cutter. Remove pins and place one pin through both pieces of fabric in the top back of the pants .

5. Sewing Hem

- 1) Turn up the raw edge of the hem 1/4 inch (6mm) to the wrong side of the fabric on each leg , pin.
- 2) Stitch hem with straight stitch close to the raw edge .

6. Sew Front Seam

- 1) With right sides of the fabric together, match raw edges of the centre front of both legs. Pin.
- 2) Stitch ¼ inch (6mm) seam with zigzag or knit stitch.

7. Sew Top Casing

- 1) Fold down top of tights 1/2 inch (12mm), pushing the seam allowance to one side. Pin.
- 2) Stitch row of zigzag stitches close to raw edge of the casing.

8. Thread Elastic Through Casing

- 1) Use a safety pin, bodkin or looper to thread elastic through the casing.
- 2) Pin elastic at each end of the casing and secure with a row of stitching.



9. Sew Back Seam

- 1) With right sides of the fabric together, match raw edges of the centre back of both legs. Pin.
- 2) Stitch centre back seam with a zigzag or knit stitch.

10. Sew Inseam

- 1) With right sides of fabric together, match centre back seam with the centre front seam, this will separate the two legs of the tights. Note which way the seam allowance of the centre front is facing.
- 2) At the crotch, match the front seam to the back seam pushing the back seam allowance in the opposite direction to the seam allowance of the centre front. Pin.
- 3) With the hem even, match the raw edges of the inseam on one leg and pin. Repeat with the other leg.
- 4) Sew zigzag or knit stitch from hem of one leg up to the crotch and then down to the hem of the second leg.
- 5) Turn tights to the right side.

11. Congratulations YOU did it!

Celebrate! YOU made another great outfit. Well done!